



SAN LUIS VALLEY

Community Services Resource Guide





This resource guide was developed by the Early Childhood Council of the San Luis Valley, for Service Providers that work with Families with Young Children. This user-friendly booklet serves as a one stop reference for local services. From health care entities to educational institutions, social services, and recreational. This guide covers it all!

See something missing? Want to add a service? Please contact the Early Childhood Council at

719-937-4010 Our online version can be found at www.eccslv.org.

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Table of Contents

INTRODUCTION	4
SECTION DESCRIPTIONS	4
2021 FEDERAL POVERTY GUIDELINES	5
BASIC NEEDS	6
FINANCIAL AND JOB ASSISTANCE SERVICES	6
DEPARTMENT OF HUMAN/SOCIAL SERVICES (DSS)	6
COLORADO WORKS/TANF (TEMPORARY ASSISTANCE FOR NEEDY FAMILIES)	7
EMPLOYMENT FIRST	7
LEAP (LOW-INCOME ENERGY ASSISTANCE PROGRAM)	7
SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM)/FOOD STAMPS	8
OTHER JOB ASSISTANCE PROGRAMS	9
COLORADO WORKFORCE	9
COLORADO DIVISION OF VOCATION REHABILITATION	10
NATIONAL FARMWORKER JOBS PROGRAM	10
FOOD PANTRIES/SHELTERS	10
FOOD BANK NETWORK OF THE SAN LUIS VALLEY	11
WOMEN, INFANTS, AND CHILDREN (WIC)	12
HOUSING	13
HABITAT FOR HUMANITY-SLV	13
LA PUENTE SHELTER	13
PUBLIC HOUSING AUTHORITY	13
COMMUNITY RESOURCES & HOUSING DEVELOPMENT CORP	14
SLV HOUSING COALITION	14
TRANSPORTATION	15
OUTREACH SERVICES	15
EMERGENCY RESOURCES	16
EMERGENCY AND SUPPORT HOTLINES	16
ALCOHOL AND SUBSTANCE USE	17
DOMESTIC VIOLENCE AND SEXUAL ABUSE	18
CHILD ADVOCACY CENTER	18
TU CASA	18
FOOD PANTRIES/SHELTERS	18
OUTREACH SERVICES	19
HEALTH	20
PUBLIC HEALTH	20
OTHER HEALTH SERVICES	21
HEALTH CARE PROVIDERS	21

DENTAL	22
HOSPITALS	22
PRIMARY CARE PHYSICIANS	23
HEALTH INSURANCE FINANCIAL PROGRAMS & ASSISTANCE.....	23
HEALTH INSURANCE APPLICATION ASSISTANCE	23
FAMILY SUPPORT SERVICES & RESOURCES	24
ADVOCACY RESOURCES	24
EMERGENCY AND SUPPORT HOTLINES	24
HOME (AND MEDICAL HOME) VISITATION SERVICES	25
LEGAL SERVICES	29
GOVERNMENT LEGAL PROGRAMS	30
VETERAN ASSISTANCE	31
VETERAN ASSISTANCE - WORKFORCE CENTERS:	31
WRAPAROUND	31
Family Activities.....	32
LIBRARIES	34
EDUCATION & SUPPORT SERVICES FOR YOUTH	36
ALTERNATIVE/ADULT EDUCATION	36
ADULT EDUCATION.....	36
HIGHER EDUCATION	37
SCHOOL DISTRICTS	37
DEVELOPMENTAL SCREENINGS AND SERVICES	39
CHILD FIND	40
BLUE PEAKS	40
BOARD OF COOPERATIVE EDUCATIONAL SERVICES (BOCES)	40
CHILDCARE & EARLY LEARNING	41
EARLY CHILDHOOD COUNCIL	41
EARLY LEARNING DEVELOPMENT GUIDELINESCOLORADO	41
FINDING CHILDCARE – LICENSED CHILDCARE OPTIONS	41
CHILDCARE ASSISTANCE PROGRAM (CCCAP)	42
UPK	43
EARLY HEAD START	45
HEAD START	46
HEAD START—MIGRANT AND SEASONAL	47
My SLV connect	47
211 Information	47

Introduction

Welcome to the San Luis Valley Community Resource Guide. We are glad you found your way to this resource and hope you will find it both useful and informative. Inside you will find services available to families within the Valley. The San Luis Valley covers the six counties of Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache. Not all services are available to each county, so make sure you check under “**Counties**” for where a particular service is offered.

Below you will find a brief description of each section and what you may find there.

Section Descriptions

Each section is color coded for convenience and easy reference.

Basic Needs

This section outlines resources for the BASIC needs of life; food, shelter, and job assistance information.

Emergency Resources

This section outlines resources needed in several types of emergencies. It includes HOTLINE numbers, community shelters information, and hospitals' phone numbers.

Health

This section outlines resources needed for **ALL** areas of health. This includes developmental screenings information, Mental Health, Dental Health, and Physical Health.

Parent Resources

This section outlines resources parents might need in different areas of life. This ranges from parenting programs to each town's chamber of commerce phone number.

Family Activities

This section outlines various community activities families can enjoy together.

Education and Support Services for Youth

School districts, alternative education, higher education, and adult education are all found here.

Childcare & Early Learning

Early learning programs vary from financial assistance in childcare to finding proper childcare and support. Colorado Preschool Program, Head Start and Early Head Start are listed here, along with other childcare programs.

The following figures are the Health and Human Services poverty guidelines. Use these as a guide only, each year the guidelines potentially change. For many of the services in this guide, these guidelines are used to determine eligibility, but may use different percentages. In these cases, it is best to contact the provider of the service to ensure the correct number is used.

FAMILY SIZE	100% FEDERAL POVERTY GUIDELINE (FPG) MONTHLY INCOME	270% FEDERAL POVERTY GUIDELINE (FPG) MONTHLY INCOME
1	\$1,215.00	\$3,280.50
2	\$1,643.33	\$4,437.00
3	\$2,071.67	\$5,593.50
4	\$2,500.00	\$6,750.00
5	\$2,928.33	\$7,906.50
6	\$3,356.67	\$9,063.00
7	\$3,785.00	\$10,219.50
8	\$4,213.33	\$11,376.00
EACH ADDITIONAL PERSON	\$428.33	\$1,156.60

Basic Needs

Financial and Job Assistance Services

Department of Human/Social Services (DHS/DSS)

Services: Medicaid/ CHP+ (Child Health Plan Plus) (See under Health Insurance section), Food Stamps/SNAP (Supplemental Nutrition Assistance Program), Colorado Works/TANF (Temporary Assistance for Needy Families), Colorado Childcare Assistance Program (CCCAP) (See under Early Learning), LEAP (Low-Income Energy Assistance Program)

Eligibility: See each program individually under Health Insurance, Early Learning, or Financial and Job Assistance Programs.

Application Process: Contact local DHS/DSS listed below.

ALAMOSA COUNTY:

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-589-2581

Address: 8900-C Independence Way, Alamosa, CO 81101

Website: <http://www.alamosacounty.org>

CONEJOS COUNTY:

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-376-5455

Address: 12989 County Rd. G.6, Conejos, CO 81129

Website: <http://www.conejoscounty.org>

COSTILLA COUNTY:

Hours: Monday-Thursday, 7am-5:30pm

Contact: 719-672-4131

Address: 233 Main St, Suite A, San Luis, CO 81152

Mailing Address: PO Box 249, San Luis, CO 81152

Website: <http://www.costillacounty-co.org>

MINERAL & RIO GRANDE COUNTIES:

Hours: Monday-Friday, 8am-4pm

Contact: 719-657-3381

Rio Grande Address: 1015 6th Street, Del Norte, CO 81132

Mailing Address: P.O. Box 40, Del Norte, CO 81132

Website: <http://www.riograndecounty.org>

SAGUACHE (2 Offices):

Saguache Office

Hours: Monday-Friday, 8am-4pm

Contact: 719-655-2537

Address: 605 Christy Ave, Saguache, CO 81149

Website: <http://www.saguachecounty.net>

Center Office

Hours: Monday, Tuesday, Thursday, 8am-4pm

Contact: 719-754-2308

Address: 400 Worth Street, Center, CO 81125

Website: <http://www.saguachecounty.net>

Colorado Works/TANF (Temporary Assistance for Needy Families)

Services: Focus on self-sufficiency through life skills, financial assistance, goal setting, and barrier identification. Eligible TANF households receive monthly cash and Medicaid benefits through state funds.

Eligibility: Income based, must be a citizen, naturalized citizen or permanent resident and must be a state resident, have dependents, have children in the household, be pregnant and pursue child support from absent parents. Eligible adults are limited to receiving benefits for a total of 60 months in their lifetime, including months of TANF-funded assistance granted in other states.

Application Process: Available at local Department of Social Services or through online PEAK application.

Proof Needed: Provide prior month's paystub or letter from employer, proof of citizenship (passport, birth certificate, or baptism certificate), proof of children (birth certificates, school attendance, or Dr.'s note if pregnant).

Contact: Contact local Services Provider listed above.

Employment First

Services: Focus on job skills, resume building, and goal achievement.

Eligibility: Mandatory service for SNAP participants, also available for those who volunteer time.

When appropriate, some of these services may be combined for you to meet your monthly work requirement. The following services may be offered in your county:

- Supportive services during your job search and after you find a job.
- GED preparation and testing
- Pre-GED basic skills education
- If you're enrolled in school or in a training program and working towards a degree or certificate
- Basic literacy education such as reading and writing.
- English language learning classes
- Training related to a specific occupation such as, but not limited to, welding, word processing, auto mechanics, truck driving, and data entry.
- Classes that may include, but are not limited to, improving writing, reading, math, communication skills, and customer service training.
- Self-employment training
- Actual work experience to build job skills while you work with an employer or an apprenticeship program.
- Interview skills and resume assistance.

Contact & Apply: Colorado Peak Website and call local Social Services above for more info.

LEAP (Low-Income Energy Assistance Program)

Services: Helps eligible Colorado families, seniors and individuals with assistance paying energy bill for heating costs equipment repair and/or replacement of inoperable heating tools. While the program is not intended to pay the entire cost of home heating, they help seasonally November until April 30th. Will pay directly to household energy company provider/supplier, except in the case of woodstoves. As soon as paid

to them you will receive a notice informing you of the benefit amount. Other benefits provided by LEAP include repair or replacement of a home's primary heating system, such as a furnace or wood-burning stove. The program does not provide financial assistance for any type of temporary or portable heating.

Eligibility: Income eligibility, income is up to 60% of the state median income level. The amount of the energy assistance benefit varies depending on a variety of factors, including the primary heating fuel costs and income.

Application Process: Applications are available at your local Department of Social/Human Services, Online at Submit an application online through the Colorado PEAK website: www.colorado.gov/PEAK, or at your energy company.

Proof Needed: Valid proof/forms of identification (ID, Driver's License, Military Registration), Must have full heating bill, proof of residency, lawful presence for someone in the household, and paystub for 30 days prior.

Contact: Contact local Social Services listed above or call 1-866-HEAT-HELP (1-866-4328435) for more information.

SNAP (Supplemental Nutrition Assistance Program)/Food Stamps

Services: Financial assistance with supplemental groceries.

Eligibility: Based on income, citizenship, and residency in Colorado.

To get SNAP benefits, you must apply in the state in which you currently live and you must meet certain requirements, including resource and income limits, SNAP income and resource limits are updated annually. The Consolidated Appropriations Act, 2021, signed by President Donald J. Trump on Dec. 27, 2020, increases Supplemental Nutrition Assistance Program (SNAP) benefits by raising maximum allotments to 115 percent of the June 2020 value of the Thrifty Food Plan (TFP).

Application Process: Contact local Social Services for application, or fill out PEAK application online at www.colorado.gov/PEAK

Proof Needed: Income, citizenship (birth certificate, passport), and proof of address.

Helpful information can be included (optional, with citation and site references).

“SNAP has two sets of work requirements. If you are aged 16 – 59 and able to work, you will probably need to meet the general work requirements to get SNAP benefits. The general work requirements include registering for work, participating in SNAP Employment and Training (E&T) or workfare if assigned by your state SNAP agency, taking a suitable job if offered, and not voluntarily quitting a job or reducing your work hours below 30 a week without a good reason.

You are excused from the general work requirements if you are any one of these things:

- Already working at least 30 hours a week (or earning wages at least equal to the federal minimum wage multiplied by 30 hours)
- Meeting work requirements for another program (TANF or unemployment compensation)
- Taking care of a child under 6 or an incapacitated person
- Unable to work due to a physical or mental limitation.
- Participating regularly in an alcohol or drug treatment program
- Studying in school or a training program at least half-time (but college students are subject to other eligibility rules).

If you have to meet the general work requirements but you don't, you are disqualified from getting SNAP for at least a month and must start meeting the requirements to get SNAP again. If you get back on SNAP and then don't meet the requirements again, then you are disqualified for longer than a month and you could be disqualified forever (Snap Work Requirements)". The Able-Bodied Adult Without Dependents (ABAWD) Work Requirement and Time Limit If you are age 18 – 49, able to work, and don't have any dependents, you might need to meet both the general work requirements and an additional work requirement for ABAWDs to get SNAP for more than 3 months in 3 years (the time limit). **You can meet the ABAWD work requirement by doing any one of these things:**

- Work at least 80 hours a month. Work can be for pay, for goods or services (for something other than money), unpaid, or as a volunteer.
- Participate in a work program at least 80 hours a month. A work program could be SNAP Employment and Training or another federal, state, or local work program.
- Participate in a combination of work and work program hours for a total of at least 80 hours a month.
- Participate in workfare for the number of hours assigned to you each month (the number of hours will depend on the amount of your SNAP benefit.)

You are excused from the ABAWD work requirement and time limit if you are any one of these things:

- Unable to work due to a physical or mental limitation.
- Pregnant.
- Have someone under 18 in your SNAP household.
- Excused from the general work requirements (see above).

If you must meet the ABAWD work requirement, but you don't, you will lose your benefits after 3 months. To get SNAP again, you must meet the ABAWD work requirement for a 30-day period or be excused. Otherwise, you need to wait until the end of your 3-year period, when you'll get another 3 months under the time limit. (Snap Work Requirements)". Source of information (Food and Nutrition Service. "SNAP Work Requirements." *USDA*, U.S. Department of Agriculture, 2019, www.fns.usda.gov/snap/work-requirements.)

Contact: Contact local Social Services listed above.

Link to Website: [SNAP Eligibility | USDA-FNS](#)

OTHER JOB ASSISTANCE PROGRAMS

Colorado Workforce

Services: The Training Advantage (TTA): Operates employment and training programs in partnership with the Colorado Department of Labor & Employment and CO Rural Workforce Consortium. TTA provides services that assist participants in becoming better prepared for and more competitive in seeking and maintaining employment, and in improving their skills and attaining economic self-sufficiency. Located in the Workforce Centers.

Alamosa

Contact: 719-589-5118

Address: 407 State Ave, Suite C, Alamosa, CO 81101

Counties: All SLV

Website: <http://www.connectingcolorado.com/>

Monte Vista

Contact: 719-852-5171

Address: 2079 Sherman Ave, Monte Vista, CO 81144

Counties: All SLV

Website: www.connectingcolorado.com

Colorado Division of Vocation Rehabilitation

Services: Assistance with Persons with disabilities

Address: 305 Murphy Drive, Alamosa, CO 81101

Contact: 719-589-5158

National Farmworker Jobs Program

Services: Assistance to Migrant and Farmworkers

Address: 1120 Park Ave, Monte Vista, CO 81144

Contact: 719-852-3162

Food Pantries/Shelters

LA PUENTE

Services:

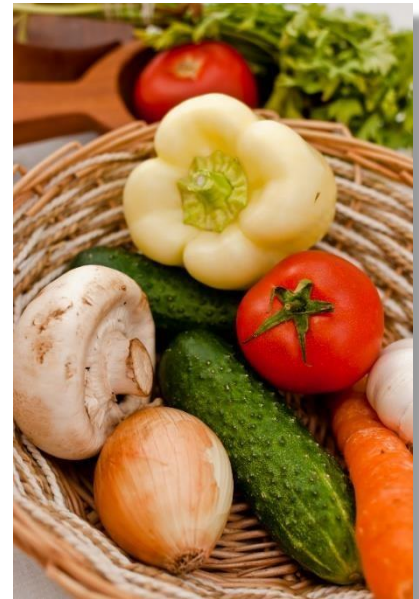
- Food bank
- Shelter
- Adelante (See Housing)
- PALS—Positive Activities Lead to Success (See After School, Arts, and Recreation)
- Community education (See Family Support Services)
- Outreach Services (See Financial and Job Assistance Programs)
- Rainbow's End thrift store
- ReThreads
- Milagros Coffee Shop
- Hunt Ave Boutique
- Support for low-income and homeless individuals and families
- Community gardens
- Referrals
- Energy financial assistance for qualifying individuals
- And more

Contact: 719-589-5909

Address: 913 State Ave, Alamosa, CO 81101

Counties: All

Website: www.lapuentehome.org



Food Bank Network of the San Luis Valley

Associated With: La Puente

Contact Local Food Banks Listed Below

Alamosa County:

Alamosa

Contact: 719-589-4567

Address: 513 6th Street, Alamosa, CO 81101

Hours: Monday-Friday, 12pm-4pm

Adams State University Open to Students/Staff

Location: Student Union Building

Phone: 971-600-7722

Hours: Monday- Friday 12-4pm

Conejos County:

Antonito

Contact: 719-589-4567

Address: 308 Main Street, Antonito, CO 81120

Hours: Fridays, 1pm-4pm

La Jara

Contact: 719-588-0961

Address: Lady of Our Valley Catholic Church, 19617 Hwy 285, La Jara 81140

Hours: First Monday of the Month 9am -11pm and Wednesday 2:30pm-5:30pm

Capulin

Contact: 719-469-6479

Address: 8197 HWY 15, Capulin, CO 81124

Hours: First Monday each month and the following Saturday 10am – 12 pm

Costilla County:

Blanca/Ft Garland Food Pantry

Contact: 719-379-3450

Address: Community Center St, HWY 160, Blanca, CO 81123

Hours: Monday – Thursday 10am-5pm

Fort Garland

Phone: 719-589-4567 Ext. 104

Location: Holy Family Catholic Church 626 Beaubien Ave. Fort Garland, CO 81123

Hours: Mondays 1-4 pm

San Luis

Contact: 719-992-0122

Address: Behind El Convento 401 Calle de Gallo, San Luis, CO 81152

Hours: Mondays 1pm-3pm

Rio Grande County:

Center

Contact: 719-754-0245

Address: Rainbow's End Center, 350 S. Worth St, Center, CO 81125

Hours: Fridays, 12pm-4pm

Del Norte

Contact: 719-580-2643

Address: 630 Spruce Street, Del Norte, CO 81132

Hours: Third Saturday of the Month 10am -12pm

Monte Vista

Contact: 719-852-4851

Address: 245 Washington Street, Monte Vista, CO 81144

Hours: Tuesdays and Fridays, 2pm-4pm

Saguache County:

Crestone

Contact: 719-849-3859

Address: Next to Crestone Mercantile, 191 E. Galena, Crestone

Hours: Wednesday 10am-12pm and the last Saturday of the Month 10am -12pm

Moffat

Contact: 719-256-5114 or 719-650-5066

Address: Free Spirit Church, HWY 17 & Moffat Way, Moffat, Co 81143

Hours: Tuesdays 2pm-4pm

Saguache

Contact: 719-655-2537

Address: Social services building 605 Christy Ave, Saguache, CO 81149

Hours: Mon- Fri , 8pm-4pm

Mineral County:

Creede

Contact: 719-658-2416

Address: 802 Rio Grande Ave. Creede, CO 81130

Hours: Monday-Friday, 8am-3pm

WOMEN, INFANTS, AND CHILDREN (WIC)

Services: Provides formula, supplemental food, and nutrition education for eligible pregnant women and children birth to 5.

Eligibility: 185% of Poverty Level—check CDPHE WIC website for current income levels

Application Process: Done in the office on the computer.

Proof Needed: Must have an official and original item with name, document with current address, and previous month's paystub for those who work. <https://www.coloradowic.gov/homepage>

ALAMOSA OFFICE

Hours: Mon-Thru 8am-5pm, open every other Friday.

Contact: 719-589-5860

Address: 204 Carson Ave, Alamosa, CO 81101 Serves all SLV

MONTE VISTA OFFICE

Edward M. Kennedy Health Clinic: Valley-Wide Health Systems, Inc.

Hours:

Contact: 719-852-2256

Address: 925 Second Ave., Monte Vista, CO 81144

Located in the Edward M. Kennedy Health Clinic Serves all SLV

CENTER OFFICE

Center Women, Infants and Children: Valley Wide Health Systems, Inc.

Hours:

Contact: 719-754-0517

Address: 186 North Hurt Street, Center, CO 81125

Located in the Cesar E. Chavez Family Medical Center Serves all SLV

HOUSING

Adelante

Associated With: La Puente

Services: Housing, weekly meeting with case manager, Job training and education, Individual and family counseling, Parenting and life skills classes, financial management training, up to two years enrollment in the program

Eligibility: Individuals must be at least 18 years old, must have children under the age of 18, and must be currently without a home.

Contact: 719-587-0538

Hours: Monday-Friday, 8am-4:30pm

Address: 600 Hunt Ave., Alamosa, CO 81101

Habitat for Humanity-SLV (Habitat for Humanity Restore Alamosa)

Services: To fulfill the dream of home ownership for low income, qualifying families. This is a need-based program, check the website or call for more information.

Contact: 719-589-8688

Address: 507 Main Street, Alamosa, CO 81101

Website: <http://www.slvhabitat.org>

La Puente Shelter

Services: Provides food, shelter, and connection to community resources.

Contact: 719-589-5909

Address: 913 State Ave, Alamosa, CO 81101

Hours: 6am-10pm

Website: <http://www.lapuentehome.org>

Public Housing Authority

Services: Subsidized Housing for eligible families.

Eligibility: Each county will have different income levels of eligibility, call your local Housing Authority to find out if you qualify.

Alamosa

Contact: 719-589-6694

Address: 213 Murphy Drive, Alamosa, CO 81101

Website: <http://alamosaha.org/>

Antonito

Phone: 719-376-5487

Address: 525 River St, Antonito, CO 81120

Center

Phone: 719-754-2537

Address: 138 S Worth St, Center, CO 81125

Conejos

Contact: 719-274-5417

Address: 501 Richfield, La Jara, CO 81140

Costilla

Phone: 719-672-3379

Address: 915 Pedro St, San Luis, CO 81152

Monte Vista

Contact: 719-852-5505

Address: 551 Monroe St, Monte Vista, CO 81144

Saguache

Contact: 719-655-2804

Address: 630 Pitkin Ave, Saguache, CO 81149

TU Casa (see under Domestic Violence and Sexual Abuse section)



Community Resources & Housing Development Corp

Services: Provides pathways to housing resources and asset- building opportunities.

Contact: 719-589-1680

Address: 1016 West Ave, unit 5, Alamosa, CO. 81101

SLV Housing Coalition

Services: Provide safe and affordable housing to low-moderate income community members.

The SLVHC addresses the increasing housing needs for the San Luis Valley through three programs that it offers: Down Payment Assistance Program, Home Rehabilitation Program, the Casita de la Luna Apartments and High Valley Manor Apartments.

Address: 513 La Due Ave., PO Box 592, Alamosa, CO 81101

Contact: donna@slvhc.com PH: 719-587-9807 Fax: 719-587-9871

TRANSPORTATION

Little Stinker's Taxicab Serves all SLV counties.

Hours: 7am-2:30am

Contact: 719-589-2500

Address: 119 White Pine Drive, Alamosa, CO 81101

Red Willow

Services: Statewide and Local transportation to medical appointments for those that qualify **Eligibility:**

Needs based for Medicaid recipients. Transportation not guaranteed based solely on Medicaid status.

Application Process: Initial Call with name, number, date of birth, Medicaid ID #, and Primary Care Physician info. After they contact PCP, they will call back to get address, diagnosis, ambulatory status, and whether an escort will accompany, complete form.

Proof Needed: Medicaid ID #, Primary Care Physician information, Address.

Hours: Monday-Friday, 7am-5pm

Contact: 719-589-5734 **Counties:** All
SLV

Med Ride : 24-hour transportation

Contact: 719-545-3333

Valley-Wide Ride

(free when booked 2 weeks out)

Contact: 719-587-1025

Hours: Mon – Fri. 7Am- 6 Pm

Address: 128 Market Street Alamosa
Co. 81101

OUTREACH SERVICES

Associated with: La Puente

Services: When funds are available, we provide rental assistance, medical assistance, energy assistance, as well as crisis intervention.

Eligibility: Depends on which type of assistance the client requests

Proof of Eligibility: Need to always bring some type of identification and proof of income, and a bill if applicable.

Hours: Monday, Tuesday, Wednesday, Friday 9am-12pm; 1pm-4pm.

Thursdays from 10am-12pm; 1pm-4pm (Hours vary, call to verify current hours)

Contact number: 719-587-3781

Address: 929 State Ave., Alamosa, CO 81101

Emergency Resources

Emergency and Support Hotlines

EMERGENCY ASSISTANCE -Police, Fire, or Ambulance 911

Alamosa Volunteer Search and Rescue –

719-589-6608

<https://www.avsar.us/>

Colorado Child Abuse Hotline:

1-844-CO-4-KIDS (1-844-264-5437)

co4kids.org

Colorado Dads

Hotline: 1-877-695-7996

Childhelp National Child Abuse Hotline: 1-800-422-4453

live chat at www.childhelphotline.org

National Domestic Violence Hotline:

1-800-799-7233(SAFE)

<https://www.thehotline.org/>

Parent to Parent Colorado

Hotline: 1-877-472-7201

<https://www.abilityconnectioncolorado.org/p2p-co/>

Peak Parent Center

Goal: To help families of children with disabilities find access to services and feel supported.

Serves all SLV

Hotline: 1-800-284-0251

Local contact: 719-531-9400

Poison Control Center: 1-800-222-1222

Pueblo Suicide Help Line: 719-544-1133

Road Conditions: 1-877-315-7623

Runaway Hotline: 1-800-786-2929

SLV Behavioral Health Group

24-hour Hotline: 719-589-3671

Suicide Prevention Line: 1-800-273-8255

Teen Help Line: 844-439-8255 7Am - midnight

TU Casa 24 Hour Domestic Violence and Sexual Abuse Hotline: 719-589-2465

Peer Support Services

“Encouragement, empowerment, and recovery support in a safe environment”

Contact: 719-587-5964

ALCOHOL AND SUBSTANCE USE

Alcoholics/Narcotics Anonymous

Contact: 719-937-5083

Address: 929 State Ave. Alamosa Co. 81001

For local meeting times go to: <http://www.slvaa.org>

Ascension Counseling and Transformation

Services: Christ centered alcohol and family counseling, grief, and loss counseling

Cost: Sliding Fee Scale

Hours: Monday-Thursday, 10 am -5pm

Contact: 719-589-6438

Address: 811 Main Street, Alamosa, Co 81101

Counties: All SLV

Crossroads Turning Point

Services: Detox, Outpatient DUI education, substance abuse counseling

Application Process: By appointment for outpatient services, Detox open 24 hours each day

Hours: Monday-Friday, 6am-10pm

Contact: 719-589-5176

Alamosa Address: 2265 Lava Lane, Alamosa, Co 81101

Monte Vista Address: 739 1st Avenue, Monte Vista, Co 81144

Counties: All SLV

Website: www.crossroadstp.org

SLV Behavioral Health Group

Contact: 719-589-3671 (also the 24-hour emergency services line)

Mon-Fri 8 Am – 5 pm

Slvbhg.org



DOMESTIC VIOLENCE AND SEXUAL ABUSE

Child Advocacy Center

Services: Serves children 0-17 who have been victims of sexual assault, severe abuse/neglect, and non-offending caregivers. Forensic interviewing, Sexual Assault Nurse Examiner (SANE) exams, service referrals, limited on site counseling, assistance with Victim's, Compensation, Family Advocacy, and Court System Navigation

Eligibility: Referrals must be made by Child Protective Services (CPS) or law enforcement for SANE exams or forensic interviewing, no eligibility for supportive services

Address: 202 Carson Ave, Alamosa, CO 81101

Contact: 719-589-2465 (24-hour hotline)

Hours: Monday-Friday 8:30am-4:30pm

Counties: All SLV

Por Ti Misma

(See Legal Services)

Tu Casa

Services: Support and Individualized Counseling for women and their children, Eye Movement Desensitization and Reprocessing (EMDR) therapy, emergency financial assistance, emergency shelter and relocation services, assistance in filing protection orders and divorce paperwork, court accompaniment, and community referrals.

Eligibility: None

Contact and 24-hour hotline: 719-589-2465.

Address: 202 Carson Ave, Alamosa, CO 81101

Hours: Monday-Friday 8:30am-4:30pm

Counties: All SLV

Slvtucasa.net

Food Pantries/Shelters

LA PUENTE

Services:

- Food bank (See Food Banks)
- Shelter
- Adelante (See Housing)
- PALS—Positive Activities Lead to Success (See After School, Arts, and Recreation)
- Community education (See Family Support Services)
- Outreach Services (See Financial and Job Assistance Programs)
- Rainbow's End thrift store
- Rethreads
- Milagros Coffee Shop
- Hunt Ave Boutique
- Support for low-income and homeless individuals and families.
- Community gardens
- Referrals
- Energy financial assistance for qualifying individuals

Contact: 719-589-5909

Address: 913 State Ave, Alamosa, CO 81101

Counties: All

Website: www.lapuentehome.org

OUTREACH SERVICES

Associated with: La Puente

Services: When funds are available, we provide rental assistance, medical assistance, energy assistance, as well as crisis intervention.

Eligibility: Depends on which type of assistance the client requests

Proof of Eligibility: Need to always bring some type of identification and proof of income, and a bill if applicable.

Hours: Monday, Friday 9am-4pm

Contact number: 719-587-3781

Address: 929 State Ave., Alamosa, CO 81101

Lapuentehome.org

streetoutreach@lapuente.net

Health

PUBLIC HEALTH

Alamosa County Public Health

Services: Baby & Me Tobacco Free, Immunizations, Home Health Care, Care Coordination for Children with Special Healthcare Needs, Healthy Communities, Options for Long Term Care, TB Testing, Communicable Disease Investigation, Food Service/School/Childcare Inspections, Emergency Preparedness.

Eligibility: Call for specific information on each program.

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-589-6639

Address: 8900-B Independence Way, Alamosa, CO 81101

Conejos County Public Health

Services: Immunizations for uninsured, cash clinic for those without insurance, \$40, referrals to HCP (Health Care Program for Children with Special Needs Care) and Child Find,

Throat Cultures, TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities **Eligibility:** Call for specific information on each program.

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-274-4307

Address: 19023 S HWY 285, La Jara, CO 81140

Costilla County Public Health

Services: TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, PCP (personal care providers—in home care for those in need), options for long term care, immunizations for children (uninsured, Medicaid and some insurances), Costilla Supplemental Food Program (CSFP), Healthy Communities, CCPP (Costilla County Prevention Partner) dealing with substance abuse prevention, Community Health Worker (CHW) offering free cholesterol screenings and dietary counseling.

Hours: Monday-Thursday, 7am-5:30pm

Contact: 719-672-3332 Ext. 3456

Address: 233 Main Street, Suite C, San Luis, CO 81152

Mineral County Public Health

Services: TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Immunizations for uninsured children, HCP (Health Care Program for children with special care needs), Medicaid Application Assistance, Medication Assistance Program, Partner with SLV Mental Health, Food Pantry

Hours: Monday-Friday, 8am-12pm, 1-4pm

Contact: 719-658-2416

Address: 802 Rio Grande Ave, Creede, CO 81130

Rio Grande County Public Health

Services: TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities

Hours: Monday-Friday, 8am-4pm

Contact: 719-657-3352

Address: 925 6th St, RM 101, Del Norte, CO 81132

SAGUACHE COUNTY PUBLIC HEALTH 2 BRANCHES

Services: Nurse Family Partnership nurse staffed at location, immunizations for uninsured and children with Medicaid (Saguache County public health), TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities

Center Office

Hours: Monday-Thursday, 8am-4pm, Friday, 8am-12pm

Contact: 719-754-2773

Address: 220 S Worth, Center, CO 81125

Saguache Office

Hours: Monday-Friday, 8am-4pm

Contact: 719-655-2533 or 719-655-2727

Address: 505 3rd Street, Saguache, CO 81149

OTHER HEALTH SERVICES

Consumer Protection (Health Inspection)

Associated with: Colorado Department of Public Health and Environment

Services: Health Inspection of licensed facilities (restaurants, childcare centers, etc.).

Hours: Monday-Friday, 9am-5pm

Contact: 719-657-9243

GetHealthySLV.org

Services: Community education on health and activity. Community calendar with local events happening around health and nutrition.

Website: www.gethealthyslv.org

Women's Resource Center

Services: Confidential Pregnancy Tests, Free STI Testing for Gonorrhea and Chlamydia, Post Abortive Support, Education about pregnancy, adoption, and abortion, medical referrals, earn while you Learn Parenting Classes, "Why am I tempted?" healthy relationship classes.

Hours: Monday-Friday, 2pm-5:30pm

Contact: 719-589-6698

Address: 3211 Main Street Suite E, Alamosa, CO 81101

Counties: All SLV

Website: www.slvwrc.org

HEALTH CARE PROVIDERS

Valley Wide health

Alamosa

Contact: 719-589-9691

Address: 128 Market Street, Alamosa, Co. 81101

La Jara

Contact: 719-274-8948

Address: 421 Walnut Street La Jara, Co. 81140

San Luis**Contact:** 719-672-3502**Address:** 233 Main Street, suite B, San Luis Co. 81152**Center****Contact:** 719-754-3548**Address:** 135 E 6th street Center, Co. 81125**Cavity Free at Three**

Goal: Helping Colorado kids be cavity free at three, through education, support, and other services. Getting your child to the dentist at a young age is imperative to proper oral health.

Website: <http://www.cavityfreeatthree.org/>

Sweet Tooth Dental

Goal: Our goal is to provide your child with the best possible dental experience.

Contact: 719-937-2227**Address:** 216 Victoria, Suite A, Alamosa, CO 81101**Website:** www.sweettoothalamosa.com**HOSPITALS****Rio Grande Hospital Clinic****Contact:** 719-657-2418**Address:** 0310 C Country Road 14, Del Norte, CO 81132**San Luis Valley Health Hospital****Contact:** 719-589-2511**Address:** 106 Blanca Ave, Alamosa, CO 81101**Valley –Wide Health Systems, Inc.****Convenient Care Community Clinic****Contact:** 719-589-2562**Address:** 1311 Main Street, Alamosa, CO 81101**San Luis Valley Healthy Hospital- Conejos County****Contact:** 719-274-5121**Address:** 19021 US HWY 285 La Jara Co. 81140**Guadalupe Health Center****Contact:** 719-376-5426**Address:** West 10th Ave. Dahlia Street, Antonito Co. 81120**SLV Health Antonito Clinic****Contact:** 719-376-2308**Address:** 115 Main Street, Antonito Co. 81120

PRIMARY CARE PHYSICIANS

A variety of family doctors, pediatricians, and obstetrics/gynecology physicians can be found throughout the Valley. Each one takes a variety of insurances. To find a physician that fits your family's needs, check your local yellow pages or www.yellowpages.com.

HEALTH INSURANCE FINANCIAL PROGRAMS & ASSISTANCE

CHP+ (Child Health Plan Plus)

Services: Health Insurance for children birth through 18. Free for some families, depending on income, may have to pay small co-payments and enrollment fees.

Eligibility: Income eligibility. For families who do not qualify for Medicaid, but fit higher income requirements. Contact your local DSS or Healthy Communities provider to find out current income qualifications.

Application Process: PEAK or DSS application.

Contact: Local Healthy Communities Coordinator (contact information later in this section) or DSS (contact information under Financial Assistance section).

Check www.connectforhealthco.com to find the appropriate insurance for you.

Medicaid Services: Health Insurance for families, including pregnant women.

Eligibility: Income eligibility based on size of household. Qualifications have changed with the implementation of the Affordable Care Act, to find out the most current information, go to www.connectforhealthco.com or

<http://www.colorado.gov/peak>

Application Process: PEAK application or pick up an application at your local DSS.

Proof Needed: Citizenship verification and proof of children.

Contact: See DSS locations under Financial Assistance section

Note: For assistance filling out applications see the following page, Healthy Communities.

Health Insurance Application Assistance

Connect for Health Colorado

Services: Provide one place to shop for health care

Website: www.connectforhealthco.com

Contact: 1-855-752-6749



Family Support Services & Resources

Advocacy Resources

Colorado Children's Campaign It's

About Kids Network

Works to create hope and opportunity in Colorado, more than one million kids at a time. **Services:** Use data and research on child well-being to advocate for policies that improve child health, early childhood experiences, and K-12 education.

Contact: 303-839-1580 **Website:**

www.coloradokids.org

Address: 1700 Broadway, Suite 840 Denver, CO 80203

Times: Monday-Friday 8 a.m.- 5 p.m.

Family Voices Colorado Hotline

Goal: Making Colorado a better place for children and youth with special health care needs

Toll Free Hotline: 1-800-835-5669

Phone: 303-733-3000

Address: 12567 W Cedar Dr #210, Centennial, CO 80112 **Times:**

Monday-Friday 9 a.m.- 5 p.m.

Joint Interagency Oversight Group (IOG)

(See ISST and Wraparound Services under Family Support Services)

Goal: To promote the welfare of children and families through the development of sustainable partnerships that provide integrated, quality services that are individualized, strength-based, family centered, and culturally sensitive.

Website: <http://slv1451.org/>

Address: 8745 County Rd 9 S, Alamosa, CO 81101

Phone: (719) 589-3671

Times: Monday-Friday 8 a.m.-5 p.m.

Baby & Me, Tobacco Free

Associated With: Alamosa Public Health

Service: Program for pregnant women who wish to stop smoking

Eligibility: Through referral, either by self or another

Application: Call for more details

Contact: (719) 587-5191

Address: 8900 B Independence way, Alamosa, Co. 81101

(Rio Grande Address Unknown)

County: Alamosa, Rio Grande

Center for Restorative Programs

Services: Mediation (peer to peer, parent/teen, truancy-second strike, conflict resolution),

Wraparound (see end of section)

Hours: Monday-Friday, 8:30am-5pm

Phone: 719-589-5255

Address: 716 Main St. Alamosa, CO 81101

Mailing Address: PO Box 1775, Alamosa, CO 81101

Counties: All SLV

Website: <http://www.restorativeprograms.org>

Colorado State Patrol

Services: Car Seat Safety, checking vehicles for proper car seat use/installation.

Eligibility: Anyone

Hours: Call to set up an appointment

Contact: 719-589-5807

Address: 3110 First St, Alamosa, CO 81101

Counties: All SLV

Community Education

Associated With: La Puente, Inc

Services: Educational events for the community, volunteer services for those interested in volunteering for any La Puente Service.

Contact: 719-587-3499

Address: 317 State St, Alamosa, CO 81101

Conejos County Mentoring

Services: Mentoring program teaching life and job skills.

Eligibility: High school students

Application Process: Through referral only

Contact: 719-376-5455 **Counties:** Conejos County

Family Foundations

Services: Family Support Program to minimize risk factors in the home for kids and their parents for a minimum of 6 weeks.

Eligibility: Referral only, through Conejos County Department of Social Services.

Contact: 719 679-2970

Address: 610 State Avenue, Alamosa, CO, 81101

Email address: info@cfslv.org

cfslv.org

Family Support Registry

Address: 1999 Broadway, Denver, CO 80202

Phone: (303) 299-9123



HOME (and Medical Home) VISITATION SERVICES

NURSE FAMILY PARTNERSHIP

Provider: Nurse, BSN, RN

Eligibility: 1st time moms Pregnancy through 2 years; 200% Federal poverty level, based on client income only; All SLV Counties

Description: Home visits provided by registered nurses who focus on mother's personal health, provide guidance and information on child development, and assist families in accessing community resources.

Contact: 719-587-1038 Valley Wide Health Systems

PARENTS AS TEACHERS

Provider: Parent Educators

Eligibility: Parents of children prenatal-5; Alamosa, Conejos, Costilla, Saguache County Residents

Description: Parent Educators work w/parents during critical early years of their children's lives, from conception to kindergarten. We offer fun activities, resources, materials, support, referrals, and socialization opportunities.

Contact: 719-937-4010, Early Childhood Council

EARLY HEAD START HOME BASED OPTION

Provider: Parent Family Community Engagement Managers

Eligibility: Families with children Birth to 3 low income or w/additional risk factors.

All SLV Counties are served.

Description: PFCE Mangers work with expectant families- children who are up to 3 years old. Focusing on child development, family goal setting, child health, and parent education. Weekly visits and socialization opportunities.

Contact: 719-937-4010, Early Childhood Council

HOME INSTRUCTION for PARENTS of PRESCHOOL YOUNGSTERS

Provider: Trained Home Providers

Eligibility: Families with children 3-4; Alamosa and Costilla Counties are served.

Description: Experienced Home Visitors provide parents with skills and resources to interact positively with their children to achieve school readiness.

Contact: 719-298-1572, SLV Area Health Education Center

MIGRANT EDUCATION PROGRAM HOME VISITATION

Provider: Migrant Education Program Educational Advocates

Eligibility: Families who work in temporary or seasonal agriculture with children ages 0-22, who have moved (even temporarily) outside the school district in the last 3 years.

Description: Early Childhood Educational Advocates make home visits to assess kindergarten readiness through checklists and activities. Home learning is supplemented with ReadyRosie, LENA language, and Kids Play Math programs to ensure children are ready to accel in their education.

Contact: 719-587-7612

WORKING TOGETHER

Provider: Working Together Team Members

Eligibility: Join NFP, PAT, HIPPY or Safe Care; Have a child under 5 years old and under; All SLV Counties are served; Enroll in eligible job or school training

Description: Free Help to Get:

- A Better Job
- Your GED
- Job Certificates
- College Level Courses

Working Together provides support around education and employment resources. **Contact:** 719-587-0538, Adelante Family Services

HEALTHY STEPS

Provider: Healthy Steps Specialist

Eligibility: Families with young children that want more information and support for their own child on everyday issues; available at SLV Health Pediatrician Visits.

Description: Provides a new and comprehensive approach to health care that support mothers and fathers in their role as nurturers of the emotional, behavioral, intellectual, and physical growth of their children.” (Healthysteps.org); improves the health & well-being of babies & toddlers.

Contact: 719-587-6998 Mon. Tues. Thurs. or Fri. (SLV Health Pediatrics & Behavioral Health)

SAFE CARE

Provider: Trained Parent Support Providers

Eligibility: Free, voluntary, flexible program for parents of children Birth -5 All SLV Counties **Description:** Parent Support Program that offers weekly home visits covering 3 topics – Safety, Health, and Parent/Child Interactions; Each Topic is 6 weeks.

Contact: 719-589-3671, SLV Behavioral Health Group

PROMOTING SAFE & STABLE FAMILIES

Provider: Experienced Home Visitors

Eligibility: Families with a need. All Counties in the San Luis Valley

Description: Placement prevention that improves the health & wellness of children, youth & families by providing tailored services that create healthy relationships and safe homes. **Contact:** 719-589-3671, SLV Behavioral Health Group

CHILD FIRST

Provider: Child First Team: Child Development Specialist & Care Coordinator **Eligibility:** Pregnant women or children Birth-5; Children w/difficult behaviors or development/learning delays; Families with many stresses; All SLV Counties

Description: The Child First Team works as your partner, listening closely to understand your goals and what is important to you, your child, and your family. Child First helps you build strong, loving relationships with your young children to heal and protect them from the many stresses and challenges in their lives.

Contact: 719-589-3671, SLV Behavioral Health Group

ADDITIONAL PROGRAMS FOR PARENTS/FAMILIES

Love and Logic

Associated with: Mental Health

Services: Parenting classes to empower parents to raise and care for the children.

Contact: 719-589-3671

Counties: All SLV

MOPS (Mothers of Preschoolers)

Services: Twice monthly meetings for pregnant women and those with children through kindergarten. Childcare is provided for mothers to focus on relationship building, networking, and speakers. Runs September-May. Twice a year a clothing and accessory swap is held for any moms in the Valley.

Eligibility: Moms, pregnant until children are 5 years old

Application Process: Call or email or stop by Living Water Bible Fellowship **Cost:** \$70 for the whole calendar year.

Contact: alamosamops@gmail.com or 719-589-6351

Address: 2910 Clark Street, Alamosa, CO 81101

Counties: All SLV

McKinney Vento Program

Associated with: BOCES- Board of Cooperative Educational Services

Services: School supplies, food, clothing, medication, and other cost assistance for students who qualify as “homeless”. Referrals for “homeless” families, as well as an advocate. **Eligibility:** Students who lack fixed, regular, and adequate nighttime residence. **Application:** Call the number associated with your school district listed below.

Participating School Districts:

Alamosa Contact: 719-587-1600

Centennial Contact: 719-672-3322

Center Contact: 719-754-2232

Creede Contact: 719-658-2220

Del Norte Contact: 719-657-4040

Moffat Contact: 719-256-4710

Monte Vista Contact: 719-852-3586

North Conejos Contact: 719-274-5174

Sanford Contact: 719-274-5167

Sangre de Cristo Contact: 719-378-2321

Sargent Contact: 719-852-4023

Sierra Grande Contact: 719-379-3259

South Conejos Contact: 719-376-5407



Nurturing Parenting

Services: Evidence based parenting class, covering five parenting domains. Subjects covered include appropriate expectations, empathy, discipline with dignity, appropriate family roles, and power and independence. Thursday nights, parents only, 8 weeks, 6-8pm.

Eligibility: Open to those interested, there is a parent and child combined class available only through referral.

Application Process: Set up an appointment for intake.

Cost: \$150 (\$30 intake, \$15 per week)

Hours: Monday-Friday, 9am-5pm

Contact: 719-588-9768

Address: 309 San Juan Ave, Alamosa, CO 81101

Counties: All SLV

Kids Place

Services: Therapeutic individual, family, and group work with children and families, including adoptive and kinship care families. Activities supporting education, social skills, character development, and more.

Eligibility: Open to those interested and by referral to those fitting Kids Place program criteria.

Cost: Enrollment of children depends upon participation of caregivers in the program.

Hours: various

Contact: 719-580-4941 or 719-580-5266

Address: 714 3rd Street, Alamosa, CO 81101

Counties: All SLV

La Gente

Associated with: BOCES (Board of Cooperative Educational Services)

Services: Family Support Program

Eligibility: Adults with a child 18 and under

Cost: None

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-587-5448

Counties: All SLV

LEGAL SERVICES

ASSISTANCE WITH LEGAL MATTERS

Immigrant Resource Center

Services: Immigration legal assistance.

Eligibility: Determined through consultation

Application Process: Call to set up an appointment.

Hours: Monday-Friday, 9am-5pm

Contact: 719-587-3225

Address: 225 6th Street, Suite B, Alamosa, CO 81101

Counties: All SLV

Website: <http://www.slvirc.org/>

Legal Aid

Services: Legal assistance in the following areas of law: Family, Landlord/tenant, public benefits, protection orders. No guarantee of representation.

Eligibility: Needs based following federal poverty guidelines

Application: Can be found at www.coloradolegalservices.org Must be filled out online, then Legal Aid will contact you for an appointment.

Hours: Monday-Friday, 9am-5pm

Contact: 719-589-4993 or 719-852-3131

Counties: All SLV

Por Ti Misma

Services: Legal services for Domestic Violence and Crime victims

Eligibility: Domestic Violence or Crime victim

Application Process: Done through consultation.

Contact: 719-587-3225

Address: 225 6th Street, Suite B, Alamosa, Co 81101

Counties: All SLV

Hours: Mon- Fri, 9 am – 5 5pm closed for lunch 12:30-1:30 pm

Website: <https://www.slvirc.org/index.php>

Self Help Coordinator

Services: Assistance understanding specific legal matters for those representing themselves in court.

Application: None, call to make an appointment

Contact: 719-589-7652

Thursday Night Bar

Services: Brief (15 minute) consultations on civil legal matters, such as divorce/custody, landlord/tenant, debts, and consumer problems. Documents pertaining to an issue will NOT be discussed. This is on a “first come, first served” basis.

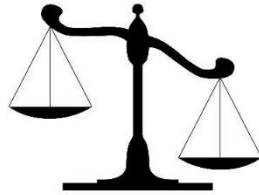
Hours: Second Thursday of the Month, 5:00pm-7pm

Contact: 719- 589-6534

Address: Alamosa County Administration, Building A & B, 8900-A Independence Way, Alamosa, CO 81101

Counties: All SLV

Note: There are many excellent private attorneys throughout the Valley specializing in criminal and/or civil cases. If you find yourself in need of an attorney, please look for a local option in the yellow pages or on www.yellowpages.com.



GOVERNMENT LEGAL PROGRAMS

District Attorney Office

Services: To uphold public trust in the pursuit of justice and enforcement of the law.

ALAMOSA Office:

Contact: 719-589-3691

Address: 420 San Juan Avenue, Alamosa, Co 81101

RIO GRANDE Office:

Contact: 719-657-3670

Address: 925 6th Street, South Wing, Del Norte, CO 81132

Counties: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache

Probation

Alamosa Courthouse Location

Contact: 719-589-4991

Address: 8955 Independence way, Alamosa, CO 81101

Rio Grande Courthouse Location

Contact: 719-657-2202

Address: Call for Location

Counties: All SLV

Note: This is for information only and pertains to the head office. If you are on probation, speak with your probation officer regarding the phone number to use and where their office is located.

Public Defender's Office

Services: Indigent Criminal Defense

Eligibility: Need and Income Based

Proof of Eligibility: Proof of Gross Household income with paystub, social security income, tax return, unemployment, or written proof from employer.

Application: Can be picked up at office or court clerk's office.

Hours: Monday-Friday 8am-5pm

Contact: 719-589-9615

Counties: All SLV

Sheriffs' Departments

Alamosa Contact: 719-589-6608

Conejos Contact: 719-376-2196

Costilla Contact: 719-672-0673

Creede Contact: 719-658-2600

Rio Grande Contact: 719-657-4000

Saguache Contact: 719-655-2525

Veteran Assistance

Veterans Affairs:

Alamosa County: 719-589-1109

Veterans Affairs Officer

8900-A Independence Way, Alamosa

Conejos County: 719-376-6725

Service Officer

12987 County Rd. G6

Conejos County

Rio Grande County: 719-852-5118

Veterans Services Home

3749 Sherman Avenue, Monte Vista

Saguache County: 719-655-2680

Veterans Office

501 4th Street, Saguache

Adams State University

Veterans and Military Affairs Coordinator

McCurry Hall Commons

Contact: 719-587-8452

San Luis Valley VA Medical Clinic

Address: 622 Del Sol Drive, Alamosa CO 81101

Contact: 719-587-6800



Wraparound

Associated with: Center for Restorative Programs

Services: Assistance navigating resources and accessing those resources for families.

Eligibility: Children, youth, and families involved in two or more systems.

Hours: Monday – Friday, 8am-5pm

Rio Grande County Contact: 719-580-6561

Conejos County Contact: 719-289-6364
Alamosa County Contact: 719-580-7710
Counties served: Alamosa, Conejos, and Rio Grande

FAMILY ACTIVITIES

After School, Arts, and Recreation

Alamosa Family Recreation Center

Services: The Alamosa Parks & Recreation Department strives to enhance the quality of life for youth and adults by providing affordable year-round recreation, leisure, and community activities.

Eligibility: Anyone can be a member

Cost: Check website or call

Hours:

Winter Hours Monday - Thursday 6:00 am-9:00 pm

Friday 6:00 am-6:00 pm

Saturday 7:00 am-3:00 pm

Sunday 12:00 – 6:00 pm

Spring hours: Monday - Thursday 6:00 am-9:00 pm

Friday 6:00 am-6:00 pm

Saturday 7:00 am-3:00 pm

Sunday Closed

Contact: 719-589-2105

Address: 2222 Old Sanford Road, Alamosa, Co 81101

Counties: All SLV

Website: <http://www.alamosarec.org/>

Blanca and Fort Garland Community Center

Services: Swimming pool, weight room, basketball court, and other activities.

Eligibility: Blanca/Fort Garland residents receive discounted entry fee, but all are welcome

Cost: Residents-- \$1.00 students 5- 18 years old and \$2.00 for adults

Non-Residents--\$2.00 for students 5-18 years old and \$3.00 for adults

\$2.50 for anyone over the age of 60

Rec Center Hours:

Monday-Thursday, 9am-9pm

Friday-Saturday: Closed

Sunday: 9:00 am – 3:00 pm

Pool Hours:

Monday-Thursday, 12:30-3pm, 3:30-5pm, 6-8:30pm

Friday-Saturday, 10:00 0-12:30pm

Sunday: 3:30-8:30pm

Contact: 719-379-3450

Address: 17591 US 160 Blanca, Co 81123

Open to public

Website: <http://www.bfgcc.org>

Boys and Girls Club of the San Luis Valley

Services: After school care until 7pm, Monday-Friday, full day care when school is out of session, 7:30am-5:30pm. Activities include homework assistance, tutoring, afternoon snack, cultural arts, technology lab, gym, sports, and prevention classes for healthy lifestyles.

Eligibility: 6-18 years of age

Application Process: Pick up application at B&G club.

Hours: Monday-Friday, 3pm-7pm, The club has summer hours; call the Club for information **Cost:** \$5 a month for after school care

Contact: 719-589-5252

Address: 1115 10th Street, Alamosa, CO 81101

Locations: Alamosa, Antonito, Center, Mountain Valley, and Sierra Grande

Website: <http://www.bgcslv.org/>

High Valley Community Center

Services: After school and Friday programs, summer arts and recreations, community events

Eligibility: Children must be 5 and in kindergarten

Hours: Tuesday-Friday, 10am-7pm (hours may vary)

Address: 595 Grande Ave. Del Norte, CO 81132

Contact Number: 719-657-2172

County: Rio Grande

Website: <http://www.THEHVCC.org>

Immigrant Resource Center After School Program

Services: Homework assistance and Tutoring services

Eligibility: All school age children eligible, program held at Tierra Nueva in Alamosa

Tutoring Hours: 4-5 pm

Contact: 719-587-3225

Address: 225 6th Street, Alamosa, Co 81101

Counties: Alamosa

Note: The above address is for the office, the program is held at Tierra Nueva, call the office for an up-to-date location and directions.

Website: <http://www.slvirc.org/>

Monte Vista Kids Connection

Services: After school and summer program for children 5-18.

Full day summer program includes lunch and afternoon snack, 8 field trips each month, and creative activities.

School year after school program with all day Fridays, includes homework club, weekly curriculum of activities, afternoon snack provided, and at least one field trip a month.

Eligibility and Cost: Children qualifying for free or reduced lunch have no fee, only a transportation fee for field trips which must be paid at City Hall. Children who do not qualify for free/reduced lunch are welcome, \$20 a week per child.

Application Process: Come into the center to get an application, requires vaccination records.

Hours: Mon-Thurs 3:30-5:30, Fri 7:30am-5:30pm

Summer hours: Mon-Thurs. 7:30 am – 5:30 pm

Contact: 719-852-6966 OR 719-850-0305

Address: 134 Washington Street, Monte Vista, CO 81144

Business Office Address: 4 Chico Camino Street, Monte Vista, Co 81144 **Counties:** Rio Grande County

PALS (Positive Activities Lead to Success)

Associated With: La Puente

Services: After school and summer program for children, 5-9. Activities include learning time, creative activities, experiential learning, and field trips.

Eligibility: Need Based, referrals only through Adelante, La Puente, Drug Court, DHS, and private counselors

Hours: 9-6pm School Hours, 8-4 during the Summer

Contact: 719-589-6316

Address: PO Box 1235, Alamosa, Co 81101

Counties: Alamosa

Libraries

Alamosa Public Library

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

STORYTIMES: 9:30am every Friday - Toddler Time, 0-3 years of age

11:00am every Friday - Storytime ages, 3-6

Early Literacy Center in children's area available during regular library hours.

Hours: Monday-Thursday 9am-8pm, Friday-Saturday 9am-5pm, Sunday 1-5pm

Address: 300 Hunt Ave, Alamosa, CO 81101

Contact: 719-589-6592

Website: <http://www.alamosalibrary.org>

Baca Grande Public Library

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

Hours: Monday-Friday, 10:00am-5pm Saturday, 10am-2pm.

Address: 67581 County Rd T, Crestone, CO 81131

Contact: 719-256-4100

Carnegie Public Library (Monte Vista and South Fork)

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

Carnegie - MONTE VISTA BRANCH

Hours: Monday, Wednesday, Friday, 10am-5:00pm Tuesday and Thursday, 10am-8pm Saturday, 12pm-4pm.

Address: 120 Jefferson St, Monte Vista, CO, 81144

Contact: 719-852-3931

Carnegie - SOUTH FORK BRANCH:

Hours: Winter hours: Monday-Thursday 12pm-5pm, Friday and Saturday, 10am-4pm Summer hours: June 1st – Oct. 31st Mon. –Thursday 10 am – 5 pm

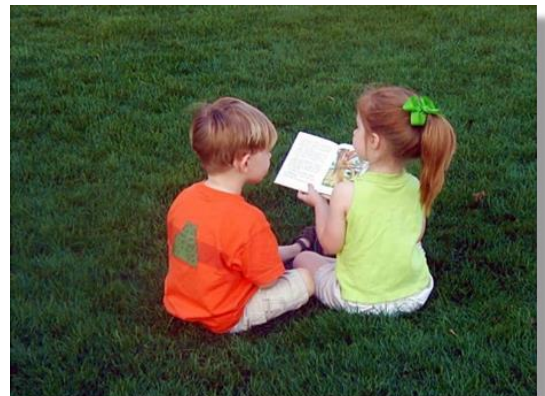
Friday- Saturday 10 am – 4 pm

Address: 0031 Mall Street, South Fork, CO, 81154.

South Fork Contact: 719-873-5193

Website for both locations :

www.carnegiepubliclibrary.colorado.gov



Conejos Public Library

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

Conejos - LA JARA BRANCH

Story Time: Thursday, 11:00 am

Hours: Monday, Thursday, 8:30am-4:30pm, Tuesday and Wednesday, 8:30am 4:30-pm, Friday, 8:30am-3:30pm, Saturday, 9:30am- 3:30 pm

Address: 17703 HWY 285, La Jara, CO 81140.

Contact: 719-274-5858

Conejos - ANTONITO

Hours: Thursday, 12pm-7pm, Friday, 9:30am-4:30pm, Saturday, 9:30am-3:30pm

Address: 201 Main St, Antonito, CO 81120.

Contact: 719-376-5904

Costilla County Public Library

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

Costilla - BLANCA/FT GARLAND

Hours: Monday - Thursday, 8:30am-4:30pm, Wednesdays, 12pm-5pm, Thursdays, 10am-6pm Closed daily from 12:30 – 1:30 pm

Address: Ft Garland Community Center, 17591 E. HWY 160, Blanca, CO 81123.

Contact: 719-379-3945

Costilla - SAN LUIS BRANCH

Hours: Tuesday and Wednesday, 8:30am-4:30pm

Address: 418 Gasper Street, San Luis, CO 81152.

Contact: 719-672-3309

Del Norte Public Library

Services: Public access to books, videos, and CDs with free membership card. Computer and internet access.

Hours: Call the number listed

Address: 790 Grand Ave, Del Norte, CO 81132.

Contact: 719-657-2633

Mineral County Regional Library

Services: Public access to books, videos, and cd's with free membership card. Computer and internet access.

Address: 380 La Garita Street, Creede, CO, 81130.

Contact: 719-658-2313

Hours: Monday, Tuesday, Wednesday, Friday 12:00- 7:00 pm

Thursday 10:00 am- 7:00 pm

Education & Support Services for Youth

Alternative/Adult Education

GOAL Academy

Services: Alternative High School Education

Eligibility: Call to find out eligibility process

Contact: 719-744-6348 or 1-877-776-4625 Ext. 021

Address: 6259 US HWY 160 Alamosa, CO 81101

Website: <http://www.goalac.org>

North Conejos Schools Alternative Program

Services: Onsite, online, and home-schooling options for alternative education. K-12

Application Process: Call for registration forms

Hours: Monday-Friday, 8am-4pm

Contact: 719-274-4220

Address: 635 Main Street, La Jara, CO 81140

Counties: North Conejos School District

SLV Immigration Resource Center

Services: ESL classes for adults, occasional civics instruction for exam

Application Process: Contact for application and class schedule.

Cost: \$25

Hours: Monday-Friday, 9am-5pm

Contact: 719-587-3225 ext. 11 or www.slvirc.org

Address: 225 6th Street, Suite B, Alamosa, CO 81101

Counties Served: All SLV, classes held in Alamosa.

Adult Education

Trinidad State College- GED

Address: 1011 Main Street Alamosa CO 81101

Contact: 719-589-7000 Fax: 719-589-7005

Center School District ARC- GED

Address: 550 South Sylvester, Center, CO 81125

Contact: 719-754-2859

Byron Syring DELTA Center

Address: 345 E. Prospect Ave., Monte Vista, CO 81144

Contact: 719-852-2212

Website: bsdc.monte.k12.co.us

Higher Education

Adams State University

Services: Undergraduate and Graduate degrees, as well as continuing education courses

Application Process: Visit the website or call for an application, after applying the school will consider who may be enrolled.

Hours: Monday-Friday, 8am-5pm

Contact: 719-587-7011

Address: 208 Edgemont Blvd, Alamosa, CO 81101

Website: <http://www.adams.edu>

Trinidad State College

Services: Associate of Arts, Associate of Science, and Associate of General Studies, as well as continuing education classes.

Application Process: Call or visit website to receive an application, after applying the school will consider who may be enrolled.

Hours: Monday-Friday, 8am-5pm

Contact: 719-589-7000

Address: 1011 Main Street, Alamosa, CO 81101

Website: <http://www.trinidadstate.edu>

School Districts

ALAMOSA

Contact: 719-587-1600

Address: 209 Victoria Ave, Alamosa, CO 81101

County Location: Southern Alamosa County

CENTENNIAL

Contact: 719-672-3322

Address: 14644 HWY 159, San Luis, CO 81152

Mailing Address: PO BOX 350, San Luis, CO 81152

County Location: Southern Costilla County

CENTER

Consolidated Contact: 719-754-3442

High School Contact: 719-754-2232

Middle School Contact: 719-754-2232

Haskin Elementary: 719-754-3982

Address: 550 S. Sylvester Ave, Center, CO 81125

County Location: South Center, Saguache County

CREEDE

Contact: 719-658-2220

Address: 450 Corsair Dr. Creede, CO 81130

Mailing Address: PO BOX 429, Creede, CO 81130

County Location: Mineral County

DEL NORTE

Elementary Contact: 719-657-4050
Jr./Sr. High School Contact: 719-657-4030

Address: 950 French Street, Del Norte, CO 81132
County Location: Western Rio Grande County

Website: <http://www.dncsd.org>

MOUNTAIN VALLEY

Contact: 719-655-2578
Address: 403 Pitkin Street, Saguache, CO 81149
County Location: Central Saguache County

Website: <http://www.mountainvalleyschool.org>

MOFFAT

Contact: 719-754-0500
Address: 501 Garfield Ave, Moffat, CO, 81143
Mailing Address: PO Box 428, Moffat, CO, 81143
County Location: Eastern Saguache County
Website: <http://www.moffatschools.org>

MONTE VISTA

Contact: 719-852-5996
Address: 59 N. Broadway, Monte Vista, CO, 81144
County Location: Southeastern Rio Grande County
Marsh Elementary; Pre-k – 1st Contact: 719-852-3231
Address: 215 Lyell St. Monte Vista, CO 81144
Bill Metz Elementary; 2nd Grade-5th Grade Contact: 719-852-4041
Address: 545 2nd Ave. Monte Vista, CO 81144
Monte Vista Middle School Contact: 719-852-5984
Address: 3720 Sherman Ave. Monte Vista, CO 81101
Monte Vista High School Contact: 719-852-3586
Address: 295 East Prospect Ave, Monte Vista, CO, 81144
County Location: Southeastern Rio Grande County

NORTH CONEJOS

Contact: 719-274-5174
Address: 17887 US HWY 285, La Jara, CO 81140
County Location: Northern Conejos County
Website: <https://www.northconejos.com/>

SANFORD

Contact: 719-274-5167
Address: 755 2nd Street, Sanford, CO, 81151
Mailing Address: PO Box 39, Sanford, CO, 81151
County Location: Eastern Conejos County

Website: SanfordSchools.org

SANGRE DE CRISTO

Contact: 719-378-2321

Address: 8751 North, Mosca, CO 81146

County Location: Northern Alamosa County

Website: <http://www.sdc.schooldesk.net>

SARGENT

Elementary Contact: 719-852-4024

Jr./Sr. High school Contact: 719-852-4025

Address: 7090 N. Road 2 E., Monte Vista, CO 81144

County Location: Northeastern Rio Grande County

Website: <http://www.sargent.k12.co.us>

SIERRA GRANDE

District Office Contact: 719-379-3259

School Office Contact: 719-379-3257

Address: 17523 E. HWY 160, Blanca, CO 81123

County Location: Northern Costilla County

Website: <http://www.sierragrandesschool.net>

SOUTH CONEJOS

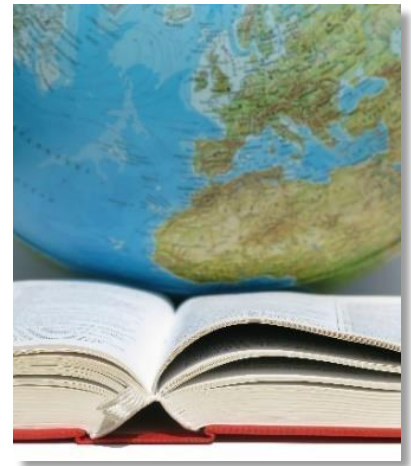
Contact: 719-376-7000 or 719-376-7001

Address: 13099 County Road G, Antonito, CO 81120

Mailing Address: PO Box 398, Antonito, CO 81120

County Location: Southern Conejos County

Website: <https://www.southconejos.com/>



Developmental Screenings and Services

Child Find

Goal: Identify children with suspected developmental delays, ages 0-21.

Services: BOCES developmental screening and/or professional evaluation. For those with a significant delay in any of the following areas: gross motor, fine motor, cognitive problem solving, social emotional skills, or speech language a connection with free and appropriate services is made.

Eligibility: Must have parental consent. Starting at age 3 the delay also needs to impact education.

Cost: Free with referral, anyone can refer with parental consent

Hours: Monday-Thursday, 8am-4:30pm

Contact: 719-589-5851

Counties: All SLV

Website: <http://www.slvboces.org>

Blue Peaks

Services: Support in creating an IFSP (individual family support plan), reviewed every six months. Children leave the program by reaching all their goals; Blue Peaks refers children older than three to BOCES. Contract with Physical Therapist, Speech Therapist, and Occupational Therapist to provide excellent service to families.

Eligibility: At least 25% delay in one area of development, or children who have an established medical condition, anyone can make referral, often through Child Find, 0-3 years old.

Hours: Monday-Thursday, 7:30am-5:30pm

Contact: 719-589-5135

Address: 703 E. 4th street, Alamosa, CO 81101

Counties: All SLV

Website: <http://www.bluepeaks.org>



Board of Cooperative Educational Services (BOCES)

Services: Speech Therapy, Physical Therapy, Occupational Therapy, Hearing and/or Vision for eligible individuals, significant needs support, early childhood special education, IEP (individual education plan) meetings to determine needs. BOCES also works closely in identifying gifted children, especially with school districts. Works as an educational co-op with all 14 school districts in the Valley.

Eligibility: Child Find determined children, ages 0-21.

Cost: Free

Hours: Monday-Friday, 8am-4:30pm

Contact: 719-589-5851

Counties: All SLV

Website: www.slvbores.org

Parent to Parent Colorado

Goal: Connecting Families of sons and daughters with disabilities, or special healthcare needs in communities across Colorado.

Hotline: 1-877-472-7201

Website: <http://www.abilityconnectioncolorado.org>

Peak Parent Center

Goal: To help families of children with disabilities find access to services and feel supported.

Contact: 719-531-9400

Website: <http://www.peakparent.org>

Childcare & Early Learning

Early Childhood Council

Goal: We envision a community where all members prioritize and invest in our children to build a thriving society. Our mission is to strengthen the local system of early childhood care and education through research, advocacy, policy, and innovative practice.

Services: Childcare Resource & Referral, Early Head Start Services, Quality Improvement, Professional Development, Training & Coaching, Home Visitation, Early Childhood Mental Health Consultation

Hours: Monday-Thursday 8:30 am – 4:30 pm & Fridays by appointment only

Contact: 719-937-4010

Address: 401 Santa Fe Ave., Alamosa, CO 81101

Counties: All SLV

Website: www.eccslv.org



Early Learning Development Guidelines Colorado

The importance of the early years - Learn why early development is so important.

The Guidelines can help Learn how you can use the Guidelines to support child development.

Materials for parents & caregivers Print information and tips about child development. Materials are available in English and Spanish and are divided into several age groups.

Other resources for parents & caregivers Explore other resources to help learn about child development.

Website: <https://earlylearningco.org/parents-caregivers/>

Finding Childcare – Licensed Childcare Options

There are two options for licensed childcare in the Valley. As a parent, you can choose what care best fits your needs, and your child's needs. Below there is a short description of each type of care.

Childcare Centers

Care is like a school setting, with many classrooms and children, generally, divided by age. Childcare Centers and Preschools are licensed and regulated by the Colorado Department of Human Services, Division of Childcare.

Family Home Childcare Providers

Care is provided in a home that is not a relative's and is licensed and regulated by the Colorado Department of Human Services, Division of Childcare.

COLORADO SHINES

Website: <https://www.coloradoshines.com/families>

The Colorado Shines Childcare Resource & Referral line at Mile High United Way offers families one-on-one support to find licensed, quality childcare.

Phone -- Contact a Childcare Navigator at 1-877-338-



CARE (2273). We're here to assist you in English and Spanish, Monday - Friday, from 8:00 a.m. to 5:00 p.m.

Chat -- To connect with a Childcare Navigator via live chat, please visit our webpage:
<https://unitedwaydenver.org/childcarereferrals>

Email -- Send an email to childcarereferrals@unitedwaydenver.org

Childcare Assistance Program (CCAP)

Services: Assistance with the cost of childcare in centers and licensed homes. Unlicensed homes can be used if approved with added fee, fingerprints, and background check. Families are automatically eligible through TANF. Families must comply with child support, if applicable. Additional paperwork may have to be filled out with applications, local DSS providers can give more detail.

Application Process: Applications can be picked up at the local Department of Social Services.

ALAMOSA

Eligibility: 200% of Federal Poverty Level

Proof Needed: ID for any parent in household, 3 months' income, or work schedule (see application), all children's birth certificate (original), address verification, chosen childcare provider.

Contact: 719-587-5291

Address: 8900-C Independence Way, Alamosa, CO 81101 **Hours:**
Monday-Friday 8:30am-4:30pm by appointment.

Notes: Turn in application and make an appointment at front desk, if eligible, care can be covered from the date application is turned in.

CONEJOS

Eligibility: 200% of Federal Poverty Level

Proof Needed: Income verification, work schedules, ID, child's birth certificate, and chosen childcare provider's information.

Contact: 719-376-5455

Address: 12989 County Rd. G. 6, Conejos, CO 81129

Hours: Monday-Friday, 8am-12pm, 1pm-4:30pm

COSTILLA

Eligibility: 200% of Federal Poverty Level

Proof Needed: 3 months income, original birth certificate, immunization records, Colorado ID, chosen childcare provider.

Contact: 719-672-4131 ext. 3484

Address: 233 Main Street, Suite A, San Luis, CO 81152

Hours: Monday-Thursday, 7am-5:30pm

MINERAL & RIO GRANDE

Eligibility: Families 185% of poverty level.

Proof Needed: Proof of identity, citizenship, residency, income, child support, work activity.

Contact: 719-657-0109

Address: 1015 6th Street, Del Norte, CO 81132

Hours: Monday-Friday, 8am-4pm

SAGUACHE 2 Locations

Eligibility: 185% of Federal Poverty Level

Center Branch Contact: 719-754-2308

Address: 400 Worth Street, Center, CO 81125

Hours: Monday, Tuesday, Thursday, 8am-4pm

Saguache Branch Contact: 719-655-2537

Physical Address: 605 Christy Ave, Saguache, CO 81149

Mailing Address: PO Box 215, Saguache, CO 81149

Hours: Monday-Friday, 8am-4pm

QUALITY CHILDCARE

Colorado Universal Preschool

All children in Colorado can register for up to 15 hours per week of free, high-quality preschool in their year before kindergarten through Colorado's Universal Pre-K (UPK) Program. [See More Information in the UPK Guide for Families.](#)

- Families may qualify for more free hours based on several qualifying factors, per available funding.

[See more information here.](#)

- Depending on the provider, families have the option of paying for additional hours if desired.
- Parents of 3 Year Olds should contact their school district for preschool services.

Parents of Preschool aged children with an Individualized Education Program (IEP) should contact their Special Education Administrative Unit (AU) before registering.

To start your online application visit <https://upk.colorado.gov/>



ALAMOSA

Children's Garden: 719-937-4654

Address: 1304 San Juan Ave. Alamosa, CO 81101

Gingerbread (Adams State Campus): 719-587-7162

Address: 1900 Craig Drive, Alamosa, CO 81101

CENTENNIAL

Centennial School

Contact: 719-672-3322

Address: 14644 CO-159 San Luis, CO 81152

CENTER

Haskin Preschool

Contact: 719-754-3982

Address: 550 South Sylvester Ave., Center, CO

CREEDE

Creede Early Learning Center

Contact: 719-658-2090

Address: Forest Service Road 801, Creede, CO 81130

DEL NORTE

Del Norte Head Start

Contact: 719-657-3101

Address: 440 6th Street Del Norte, CO 81132

New Address: 770 11th Street, Del Norte, CO 81132

MOFFAT

Moffat Preschool

Contact: 719-754-0500

Address: 501 Garfield Ave., Moffat, CO 81143

MONTE VISTA

Monte Vista Early Learning Center (Marsh)

Contact: 719-852-3231

Address: 215 Lyell Street, Monte Vista, CO 81144

MOUNTAIN VALLEY

Mountain Valley Preschool

Contact: 719-655-2578

Address: 403 Pitkin Ave Po Box 127 Saguache, CO 81149

NORTH CONEJOS

Little Treasures Preschool

Contact: 274-0102 or littletreasurespreschool@gmail.com

Address: 17361 US Highway 285, La Jara, CO 81140

SANFORD

Sanford Preschool



Contact: 719-274-5167
Address: 755 2nd Street, Sanford, CO 81151

SANGRE DE CRISTO

Contact: 719-378-2321
Address: 8751 Lane 7 north , Mosca, CO 81146

SARGENT

Sargent Early Learning Center
Contact: 719-852-4023
Address: 790 North Road 2 East, Monte Vista, CO 81144

SIERRA GRANDE

Sierra Grande School
Contact: 719-379-3257
Address: 17523 E. Highway 160, Blanca, CO 81123

SOUTH CONEJOS

Contact: 719-376-7000 or 719-376-7001
Address: 13099 County Road G, Antonito, CO 81120

Early Head Start

Services: Needs based free childcare four days a week with support in nutrition, health, education, and support after parenting for eligible families with children pre-birth until 3.

Eligibility: Needs based, following federal poverty guidelines and other needs.

Application Process: Applications are available in the office or by calling.

Proof Needed: Proof of income, birth certificate (or proof of pregnancy), and proof of immunizations is needed to begin the process.

Office Hours: Monday-Thursday 8:30 am – 4:30 pm and Friday by appointment only

Contact: 719-937-4010

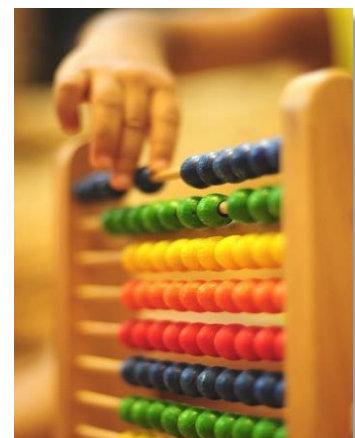
Address: 401 Santa Fe Ave., Alamosa, CO, 81101

Early Head Start Service Locations by County:

ALAMOSA:

Children's Garden, Gingerbread,

COSTILLA:



Centennial Early Learning Center, San Luis

Tiny Hands, Blanca

RIO GRANDE:

Sargent Early Learning, Sargent, Kathy Jo Martinez, Monte Vista

SAGUACHE:

Center Head Start, Haskin Childcare Center, Center

Head Start

Services: Needs based free childcare with support in nutrition, health, education, parenting, and school readiness for eligible families with children 3-5.

Eligibility: Need is determined through application process, looking at federal poverty level and other risk factors.

Application Process: Contact Office for more information and to receive an application. **Proof Needed:** Birth certificate, W2/paycheck stubs, insurance card, immunization records, physical & dental (will be done at enrollment appointment).

Head Start Locations:

Center Head Start

Contact: 719-754-3191

Address: PO Box 1240, Center, CO 81125

Del Norte Head Start

Contact: 719-657-3101

Address: 440 6th Street, Del Norte, 81132

Monte Vista Head Start

Contact: 719-852-3215

Address: 2863 Sherman Ave, Monte Vista, 81144



El Centro de la Familia – currently serving Alamosa, Sanford, additional infant and toddler services coming soon to South Conejos

Contact: Program site: 970-822-8639 (ask for site specific information)

Head Start—Migrant and Seasonal

Services: Services provided through a center-based program for ages 6 weeks to 6 years old. Services include School Readiness, Family Engagement, health, & nutrition. Services are available to children with disabilities. The program is designed specifically for families engaged in migrant and seasonal agricultural work. The program runs from mid-June until mid-October.

Eligibility: Need is determined through application process, looking at federal poverty level and agricultural income.

Application Process: Contact Office for more information and to receive an application.

Alamosa Migrant & Seasonal Head Start

Contact: 719-589-8683

Address: 9768 103 S., Alamosa, CO 81101

Center Migrant & Seasonal Head Start

Contact: 719-754-2971

Address: 980 South Broadway, #26, Center, CO 81125



MySLVConnect.com is designed to provide up-to-date resource information specific to the San Luis Valley. MySLVConnect.com is for health and human services programs and will accept listings from government, schools, non-profit community groups, transportation services, *Medicaid/Health First Colorado* dental and other health care providers, licensed behavioral health providers, utility financial assistance programs and job assistance training and services.

Website: <https://myslvconnect.com/>



We know it can often be difficult and overwhelming to know where to go for help.

211 Colorado streamlines services and provides one central location where people can get connected to the resources they need. With a database that is updated daily, 211 Colorado can connect you to critical resources simply by dialing a three-digit number. Whether you are searching for shelter availability, childcare, or rent payment assistance – 211 can connect you to available resources in your community.

Website: <https://www.211colorado.org/>

Chat: Live chats available in English and Spanish

